

## Happy to be Back

By Marvin S., West Orange Member

I Marvin Strauzer, a young man of 76, has experienced 8 strokes in 20 years.

First was A TIA which passed in a few minutes. I was attending my son's swim award dinner. The next happened in my office while working, 3 took place while There were 2 others at home while relaxing on our sabbath.



**Marvin S.**

In succeeding years the strokes became more serious requiring the use of what they call clot busters, a medication that helps dissolve brain clots. These cannot be used on everyone or in every case of stroke. They have not been able to diagnose the reason for my repeated strokes. I am a unique case.

On June 20, 2020 I had my most recent stroke, it left me with right side weakness, including my hand, arm and leg. Aphasia was something I never heard about but now I had it. The therapists that came to the house just told me to do puzzles, word finds and try to read. I was struggling finding words and making myself understood when I spoke. Fortunately my cardiologist had heard of the Adler Institute and in the 3 semesters I have been involved I have improved immensely. It has helped me gain confidence when I am with other people, chat with my wife again and understand what I read and see on tv.

At the same time I got help from Kessler from their group of trainers who are professional physical therapists. I also worked with their people specializing in Occupational Therapy and Speech as well. With their help plus what I got from 3 semesters with Adler I am excited to start the fall semester in person!

Sharon and Randi and the amazing interns they bring to help us have made Adler a most important part of my life.

## Flying

By Chuck O., Toms River Member

Flying is a big passion of mine. My father got me into planes as a child. Our house growing up was the perfect spot to plane watch. Before ever going up in the sky I would watch planes take off and watch their landing techniques at local airports. There was one right down the road from us, my siblings didn't seem to enjoy it the way I had.



**Chuck O.**

My first flight wasn't until 1987 when I was 23 years old. I have flown in and out of airports across the state but I have to say my favorite one is ocean county airport, it just seemed to be the most peaceful one. I don't have a particular favorite plane, as long as it has a engine and wings I'll make it fly.

The furthest flight I've taken was to Raleigh NC to visit a friend. That flight took me about 3.5 hours. The thing with flying is that you can't just get in a plane and take off. There is a very tedious checklist that needs to be checked before every single flight. The point of this checklist to make sure the aircraft and its parts are in tip top shape.

While flying I've done some pretty cool stunts like flipping the plane in mid air. About an hour of that and my stomach said no more. I've also jumped out of planes with a parachute strapped to my back a couple times.

I love flying, I have flown a handful of passengers of the years but I never had the urge to fly commercial. For about ten years I was a flight instructor as well. I would teach classes to people that want to learn how to fly. I taught at Old Bridge Airport and Monmouth Center which use to be Allaire Airport.

I had a stroke but even that didn't stop me from doing what I love. I went up a couple times with the guys I own the plane with and I'm still able to maneuver the plane in a precise manner.

## Scarlet Studio

By Linda M., Maywood Member

# Adler Member Newsletter



It was so nice to spend time with the kids from the Scarlet Studio.

The Scarlet Studio is a school for autism.

Together we made pens and played Simon Says. It was a lot of fun!

I hope the kids enjoyed it as much as I did!



Linda M.

## What Our Aphasia Communication Group Members Like About Meeting in Person



"Everything!" -Joe



"I missed you all!" -Cynthia



"It's great to see everyone face to face!" -Elaine

### Programs offered throughout the state of New Jersey:

- **Maywood Campus:** [kcastka@adleraphasiacenter.org](mailto:kcastka@adleraphasiacenter.org)
- **West Orange Campus:** [sglacer@adleraphasiacenter.org](mailto:sglacer@adleraphasiacenter.org)
- **Toms River Campus:** [brein@adleraphasiacenter.org](mailto:brein@adleraphasiacenter.org)
- **Aphasia Communication Groups (10 sites in NJ):** [gzsabo@adleraphasiacenter.org](mailto:gzsabo@adleraphasiacenter.org)

### MEMBER NEWSLETTER DISCLAIMER:

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Adler Aphasia Center, a non-profit organization with three full service facilities based in Maywood, West Orange, and Toms River, NJ and ten Aphasia Communication Groups located throughout the state, is an innovative post-rehabilitative therapeutic program that addresses the long-term needs of people with aphasia and their families. Aphasia is a communication disorder that impairs the expression and understanding of spoken language, reading and writing. It occurs most often from a stroke or other brain injury. It affects a person's ability to communicate, but not his or her intellect. For more information about our programs and services in Maywood, West Orange, or Toms River, NJ, or for information about our Aphasia Communication Groups in Bridgewater, Haddonfield, Hammonton, Maywood, Monroe, Morristown, North Bergen, Scotch Plains and Toms River, NJ, visit our website at [www.adleraphasiacenter.org](http://www.adleraphasiacenter.org) or call 201.368.8585